



सत्यमेव जयते  
Embajada de la India  
Ciudad de México

75  
Azadi Ka  
Amrit Mahotsav

International Day of Yoga



**India in Mexico**

**Newsletter / June 2022 / Monthly Issue no. 4/2022 English**



**Dr. Pankaj Sharma**  
**Ambassador of India to Mexico**

**Dear Friends,**

**The world celebrated the 8th International Day of Yoga on 21st June 2022. I am happy to share that this year we conducted the International Day of Yoga celebrations in eight different cities of Mexico from 19-26 June, 2022. The celebrations commenced on a grand scale from Monumento a la Revolucion in Mexico City on 19th June and concluded on 26th June in the city of Guadalajara. It was heartening to see large turnouts by yoga practitioners, yoga enthusiasts and yoga gurus in all the cities. It is the power of Yoga, its undeniable health benefits, its message of peace and harmony, and the love and commitment of yoga practitioners that has made this international day so popular.**

**India and Mexico concluded the 6th Foreign Office Consultations (FOC) led by Hon'ble Secretary (East) Ambassador Saurabh Kumar from India and Hon'ble Vice Minister of Foreign Affairs of Mexico H.E. Ms. Carmen Moreno Toscano. The two sides reviewed the current status of our bilateral relations and discussed the possibilities of further strengthening India-Mexico cooperation in field of trade, political, science & technology and space cooperation. A Specific Cooperation Agreement on Crop Monitoring, Drought Assessment & Capacity Building, was also signed between the Space Agencies of two countries on the sidelines of the FOC expanding the scope of space cooperation.**

**Mexico has become one of our most important partners in the Latin American region. This friendship is bound to grow further with the support of the Governments and the people of our two countries.**

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**YouTube: [Embassy of India in Mexico City](https://www.youtube.com/EmbassyofIndiainMexico)**

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**Research, Editing and Design : Mr. Prasad Shinde, Third Secretary (Info & Culture)**

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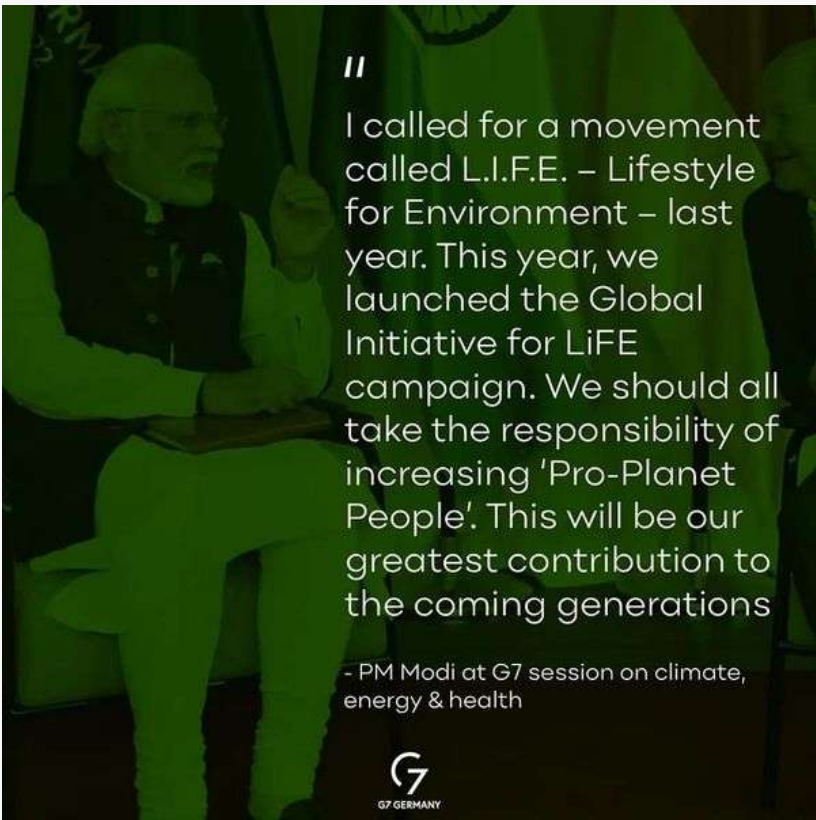
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अविश्वस्य ! भारत

Incredible India




# Hon'ble Prime Minister of India Shri. Narendra Modi at the G7 session on 'Climate, Energy, Health'

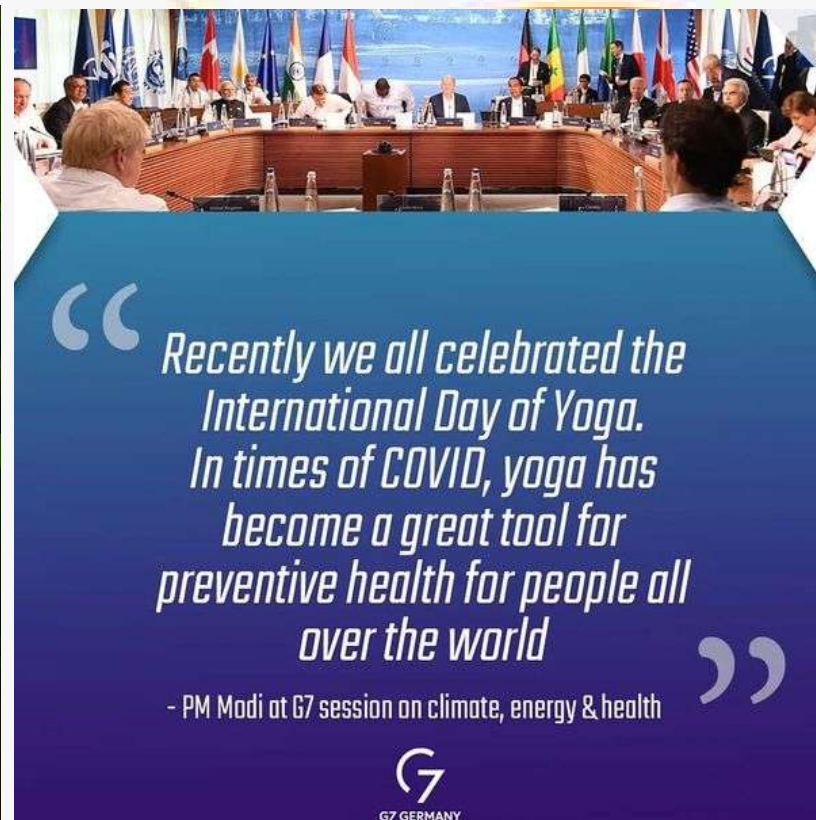


“

I called for a movement called L.I.F.E. – Lifestyle for Environment – last year. This year, we launched the Global Initiative for LiFE campaign. We should all take the responsibility of increasing 'Pro-Planet People'. This will be our greatest contribution to the coming generations

- PM Modi at G7 session on climate, energy & health

 G7 GERMANY




“

*Recently we all celebrated the International Day of Yoga. In times of COVID, yoga has become a great tool for preventive health for people all over the world*

”

- PM Modi at G7 session on climate, energy & health

 G7 GERMANY



“

*India is the fastest-growing big economy in the world*, but we did not let our commitment to the environment get diluted even a single bit. With 17% of the world's population, our carbon emissions are only 5%

PM Modi at G7 session on climate, energy & health



“

During the pandemic, *India found many creative ways to use digital technology in the health sector*. G7 countries can help India take these innovations to other developing nations

PM Modi at G7 session on climate, energy & health



# Tweets of the Month

**Arindam Bagchi** @MEAIndia

PM @narendramodi addressed the @G7 Session on food security and gender equality, sharing India's experiences in these domains.

Emphasised that India's approach had transitioned from 'women's development' to 'women-led development'.

12:30 · 27 Jun 22 · Twitter for iPhone

136 Retweets 1 Quote Tweet 681 Likes



**Arindam Bagchi** @MEAIndia · 6h  
Replying to @MEAIndia

Suggested the following focus areas for ensuring food security:

- 1 Fertilisers' availability
- 2 Structured system for use of Indian agricultural talent
- 3 Nutritious alternatives like millets
- 4 Natural Farming

**Arindam Bagchi** @MEAIndia

Becoming pro-planet people. Investing in a better future.

In the @G7 session on climate, energy & health, PM @narendramodi highlighted India's efforts for green growth, clean energy, sustainable lifestyles & global wellbeing.



**PR/Amb T S Tirumurti** @ambtstirumurti

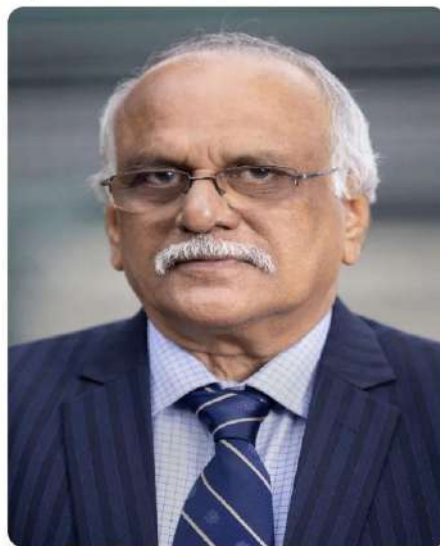
UN General Assembly adopts resolution on multilingualism

- ➔ For first time, #Hindi language mentioned in resolution
- ➔ Bangla & Urdu also mentioned
- ➔ India launched Hindi@UN project in 2018 for public outreach of UN in Hindi
- ➔ And to spread awareness among Hindi-speakers



**India at UN, NY** @IndiaUNNe... · 4h  
Congratulatory message to Dr. S. Rajan of India on his election today as a member of the Commission on the Limits of the Continental Shelf #CLCS

Our heartfelt thanks to all members who reposed their trust on India's candidate.



**Dr. S. Jaishankar** @DrSJaishankar

Participated this morning at the #YogaDay event at Purana Qila, New Delhi.

With members of the diplomatic community, international and Indian students amongst others.

Yoga for Harmony is needed more than ever before. #IDY2022 shows that it is a uniting force for all of us.



**Carmen Moreno Toscano** @CMorenoToscano1

México e India continuamos fortaleciendo nuestra relación con la celebración del 6º Mecanismo de Consultas Políticas, que copresidí con @AmbSaurabhKumar. Acordamos acciones para dar seguimiento a acuerdos alcanzados en la visita del Srío. @m\_ebrard a la India en marzo 2022.

Translate Tweet





# India Corner

## 'India's Foreign Policy Isn't About Sitting On Fence...':

### Dr. S Jaishankar At GLOBSEC 2022



External Affairs Minister Dr. S Jaishankar clarified India's stance on the Russia-Ukraine war by saying that India's foreign policy is not about sitting on the fence. It is about sitting on one's ground. Dr. Jaishankar was speaking at the GLOBSEC 2022 Bratislava Forum being held in Slovakia on the topic 'Taking Friendship to the Next Level: Allies in the Indo-Pacific Region'.

He said, "I don't think we're sitting on fence, just because I don't agree with you. It means I'm sitting on my ground...what are the big challenges of the world? Climate change, terrorism, security etc. You take any or all challenges some part of the answer comes from India."

**HARGHARTIRANGA.com**

Hoist a flag in your house from  
**13-15 August 2022**

Show your commitment by pinning a flag



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Pin a Flag

Click on Pin a Flag

**STEP 2**

Log In

Social Login/ Fill in  
your details

**STEP 3**



Allow your Location  
access

**STEP 4**



Pin a Flag in your  
location



**WHAT BETTER WAY  
TO SHOW YOUR  
PATRIOTISM THAN  
HOISTING OUR  
TIRANGA AT OUR  
OWN HOMES?**



# In focus- Celebrations of the 8th International Day of Yoga 2022

The 8th International Day of Yoga (IDY) was successfully celebrated in 8 different cities of Mexico from 19th June 2022 to 26th June 2022. The IDY 2022 was organized by Gurudev Tagore Indian Cultural Centre, Embassy of India in Mexico in partnership with local government, friends of Yoga and several organizations supporting Yoga in Mexico.

The opening event was held in Mexico City on 19th June 2022 at the historic Monumento a la Revolucion. The event saw a turnout of around 800 yoga practitioners. Ambassador Pankaj Sharma welcomed the participants and highlighted the unifying force of Yoga, its immense benefits and how the International Day of Yoga has become part of the global calendar. H.E. Mr. Salvador Caro Cabrera, Deputy and President of the Mexico-India Parliamentary Friendship Group and Ms. Cristina Quezada, pioneer of yoga in Mexico were invited as the Guests of Honor.

Yoga day was also celebrated in cities of Cancun, Merida, Pachuca, Zacatecas, Monterrey, San Luis Potosi and Guadalajara. Each city witnessed a turnout of more than 200 participants with Mexico City and Guadalajara seeing more than 500 participants. Ambassador Pankaj Sharma and Deputy H.E. Mr. Salvador Caro Cabrera along with local dignitaries and officials addressed the gathering and joined the yoga practice at the closing ceremony at Guadalajara. Live telecast of the event as part of the 'Global Yoga Ring' was relayed from the city of Merida. A large number of participants had also joined the Yoga sessions through Embassy's social media channels on Facebook and YouTube

**1. MEXICO CITY- Sunday, 19th June, 2022**

**Venue- Monumento a la Revolución- CDMX**

**Time- 9.00am**

**Estimated Turn out- 700 participants**







**2. CANCUN – Monday, 20th June 2022**

**Venue: Playa Delfines**

**Time: 7:30 hrs.**

**Dignitaries who attended-**

**Mr. Rafael Aguirre, Honorary Consul of India in Cancún**  
**Ms. Maria Elena Ceballos, Municipal Institute of Sports "Benito Juárez"**

**Dr. ShriMati Das, First Secretary and Director GTICC**  
**Ms. Ankita Wakekar, Third Secretary, Embassy of India**







**3. MERIDA - 21 June 2022- Guardian Ring**  
**Venue: Poliforum Zamna**  
**Time: 9:00hrs**

**Dignitaries who attended the occasion:**  
**Mr. Carlos Saenz Castillo, Director of the Sports**  
**Institute of the Government of Yucatán**  
**Ms. Ariadne Morales Acevedo, Director of International**  
**Affairs, Coordination of Advisors to the Governor's**  
**Office**  
**Dr. Shrimati Das, First Secretary and Director GTICC**  
**Ms. Juhi Rai, Second Secretary, Embassy of India**





**4. PACHUCA, HIDALGO (UAEH)**

**22nd June, 2022**

**Venue- Carlos Martinez Balmori Poliforum**

**Time-9.00am**

**Dignitaries who attended the event**  
**Mr. Marco Antonio Alfaro Morales, Coordinator of the Cultural Extension Division**  
**Mr. Rafael Cravioto Torres, Director of International Relations and Academic Exchange**  
**Mr. Armando Zunzunegui Escamilla, Director of Sports Promotion**  
**Dr Shrimati Das, Director-GTICC**





**Dignitaries who attended the event-**

**5. ZACATECAS (PLAZA DE ARMAS)**

**Venue- Plaza de Armas**

**Time-9.00am**

**Mr. Le Roy Barragan Ocampo, Secretary of Tourism of Zacatecas**

**Mr. Javier Nunez Orozco, Director of the Institute of Physical Culture and Sports of the State of Zacatecas (Incufidez)**

**Ms. Ana Lucia Calderon Vazquez, Director of Alaya Yoga**



**Dignitaries attended the event-**

**7. MONTERREY- June 23th, 2022**

**Venue- Parque Rufino Tamayo**

**Time-7.00am**

**Mr. Mario Laborin, Honorary Consul of India to Monterrey**

**Mr Mauricio Zavala, Director General the Commission of Tourism, State Government Monterrey**

**Prof Mari Carmen Martinez, Secretary of Tourism, Monterrey**

**Dr Shrimati Das, First Secretary and Director-GTICC**

**Mr. Prasad Shinde, Third Secretary, Embassy of India**







**7. SAN LUIS POTOSÍ- 22nd June, 2022**  
**Venue: Faculty of Psychology,**  
**Autonomous University of San Luis Potosí**  
**Time: 9:00 hrs**  
**Attendance: 200 people approximately**

**Dignitaries who attended the event:**  
**Dr. Omar Sánchez-Armáss Capello, Director of the**  
**Faculty of Psychology of the Autonomous University of**  
**San Luis Potosí**  
**Prof. Rocio Angelica González Romo, Academic**  
**Secretary of the Faculty of Psychology of the**  
**Autonomous University of San Luis Potosí**







## **8. GRAND FINALE-GUADALAJARA, JALISCO**

**(PASEO ALCALDE)- 26th June,2022**

**Venue- Paseo Alcaldia**

**Time-9.00am**

**The event was attended by:**

**Deputy H.E. Mr. Salvador Caro**

**Dr. Pankaj Sharma, Ambassador of India to Mexico,**

**Mr. Javier Orendain Martinez Gallardo, Honorary Consul of India in Jalisco**

**Ms. Anna Bárbara Casillas García, General Strategic Coordinator of Social**

**Development**

**Ms. Andrea Blanco, General Coordinator of Community Building at the**

**Guadalajara City Hall**

**Mr. Fernando Ortega, Director of Code Jalisco**


**Dr Shrimati Das, First Secretary and Director-GTICC**








Ministry of Tourism  
Government of India



75  
Azadi Ka  
Amrit Mahotsav

Incredible India

Creating  
h a r m o n y  
in the world, since time immemorial.  
— India, the land of Yoga —



International  
Day of Yoga 2022



# Political Connect



**Interactive session between students of Tecnológico de Monterrey and diplomats from the Embassy of India in Mexico led by Ambassador Pankaj Sharma at the Embassy Auditorium.**

**The interaction focused on the present and future of India-Mexico relationship in various sectors as well as initiatives undertaken by India in various areas like technology, start ups, trade, etc**

**09 June 2022**



**Ambassador Pankaj Sharma called on the Hon'ble Foreign Minister of Mexico H.E. Mr. Marcelo Ebrard. The meeting focused on continuing the high level engagements & follow up on strengthening bilateral relations between India & México.**

**20 June 2022**



**Ambassador Pankaj Sharma accompanied by Second Secretary (Economic & Commerce) Ms. Vallari Gaikwad met with the Mayors of Tequila H.E. Mr. Alfonso Rubio & H.E. Mr. Antonio Casillas Jalisco of Tala.**

**He was joined by Deputies H.E. Mr. Salvador Cabrera & H.E. Mr. Gustavo Macías as well as the Honorary Consul General of India in Guadalajara Mr. Javier Orendein. Enjoyed the tour of Tequila town & its rich history & culture. 26 June 2022**



## **Political In Focus- Visit of Secretary (East) for 6th Foreign Office Consultations with Mexico**



**Embassy of India extended a warm welcome to Hon'ble Secretary (East), Ambassador Saurabh Kumar to México for the 6th India-México Foreign Office Consultations to be held on 29 June'22.**

**Director General Asia-Pacific from the SRE of Mexico, Mr. Fernando Saifée welcomed him at the airport.**

**28 June 2022**





Ambassador Pankaj Sharma had the pleasure of hosting Hon'ble Vice Minister of Foreign Affairs of Mexico H.E. Ms. Carmen Moreno Toscano & Secretary (East), Ministry of External Affairs of India, H.E. Mr. Saurabh Kumar as well as other dignitaries, senior officials & academicians from the Parliament, Government of Mexico & IPN, at the India House.

28 June 2022

### India- México Space Cooperation:

Hon'ble Secretary (East) Ambassador Saurabh Kumar (on behalf of Indian Space Research Organisation ISRO) & Director General of Mexican Space Agency AEM Dr. Salvador Landeros signed the Specific Cooperation Agreement on Crop Monitoring, Drought Assessment & Capacity Building, which will further strengthen space cooperation between the two countries.



29 June 2022



Hon'ble Secretary (East) Ambassador Saurabh Kumar visited the Mexican Space Agency (AEM). He was received by AEM's Director General Dr. Salvador Landeros. They discussed the possibilities of enhancing space cooperation with the AEM and India's potential collaboration with the Latin American & Caribbean Space Agency (ALCE).

Hon'ble Secretary (East) Ambassador Saurabh Kumar visited the pyramids of the sun & the moon at Teotihuacan.

Rich culture, heritage & history of México's civilization at display. He also visited Avenue of Nations, where the Indian flag flutters with pride.







**In line with the continuing high level exchanges, the 6th India-Mexico Foreign Office Consultations led by Hon'ble Secretary (East) Ambassador Saurabh Kumar & Vice Minister H.E. Ms. Carmen Moreno Toscano were held on 29th June 2022.**

**The agenda covered the entire range of bilateral, regional & multilateral issues.**



**Embassy of India in Mexico had the pleasure of hosting Hon'ble Secretary(East) Ambassador Saurabh Kumar at the Embassy auditorium.**

**While interacting with the Embassy officials Ambassador Kumar shared his experiences and outlined India's foreign policy priorities for strengthening bilateral relations between India and Mexico.**



Hon'ble Secretary (East) Ambassador Saurabh Kumar visited the Chamber of Deputies (Lower House of the Parliament in Mexico) during his visit to Mexico for the 6th Foreign Office Consultations. Hon'ble Deputy H.E. Mr. Salvador Caro Cabrera, who is also the President of India-Mexico Parliamentary Friendship Group and Hon'ble Deputy H.E. Mr. Mario Alberto Rodriguez Carillo welcomed the Secretary (East) and explored the ways to further strengthen bilateral relations including parliamentary ties.



**2022-23**

## Know India Programme

**60th**

25 August - 14 September, 2022

Last date of Registration : 19-07-2022

**61st**

26 September - 16 October, 2022

Last date of Registration : 19-08-2022

**62nd**

01 November - 21 November, 2022

Last date of Registration : 23-09-2022

Please visit at <https://kip.gov.in> for more update and registration.





# Mother- A special blog written by Hon'ble Prime Minister Shri. Narendra Modi



**Mother – is not just any other word in the dictionary. It encompasses a whole range of emotions – love, patience, trust, and a lot more. Across the world, irrespective of country or region, children have a special affection for their mothers. A mother not only gives birth to her children, but also shapes their mind, their personality, and their self-confidence. And while doing so, mothers selflessly sacrifice their own personal needs and aspirations.**

**Today, I feel extremely happy and fortunate to share that my mother Smt. Heeraba is entering her hundredth year. This is going to be her birth centenary year. If my father had been alive, he too would have celebrated his 100th birthday last week. 2022 is a special year as my mother's centenary year is starting, and my father would have completed his.**

**Just last week, my nephew shared a few videos of Mother from Gandhinagar. A few youngsters from the society had come home, my father's photograph was kept on a chair, there was a kirtan, and Mother was immersed in singing bhajans while playing the manjeera. She is still the same - age may have taken a toll physically, but she is as mentally alert as ever.**

**Earlier, there was no custom of celebrating birthdays in our family. However, children from the younger generations planted 100 trees to remember my father on his birthday.**

**I have no doubt that everything good in my life, and all that is good in my character, can be attributed to my parents. Today, as I sit in Delhi, I am filled with memories from the past.**

**My Mother is as simple as she is extraordinary. Just like all mothers! As I write about my Mother, I am sure that many of you would relate to my description of her. While reading, you may even see your own mother's image.**

**A mother's penance creates a good human being. Her affection fills a child with human values and empathy. A mother is not an individual or a personality, motherhood is a quality. It is often said that the Gods are made according to the nature of their devotees. Similarly, we experience our mothers and their motherhood according to our own nature and mindset.**

**Continue reading the full blog on : <https://www.narendramodi.in/mother-562570>**





**Productive meeting with the India-México Business Chamber at the Chancery premises. Embassy and the IMBC members exchanged ideas to further enhance trade and business opportunities between India and México.**

**10 June 2022**

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**Ambassador Pankaj Sharma and Second Secretary Ms.Vallari Gaikwad held a meeting with MZT Aerospace Park's (Mazatlan), Partners Mr. Lino Guzmán & Mr. Victor Garcia.**

**They discussed the possibility of initiating business opportunities in aerospace industry & inviting Indian companies to set up facilities at the industrial park.**

**16 June 2022**

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**Ambassador Pankaj Sharma & Vice Chairman & MD of JK Paper Ltd., Mr. Harsh Pati Singhania held an engaging conversation on various business opportunities between India & México including the possibility of extending this collaboration to newer areas.**

**16 June 2022**







**Ambassador Pankaj Sharma and other Embassy officers called on the Hon'ble Minister of Tourism of México, H.E. Mr. Miguel Torruco Marqués & his team.**

**Discussion focused upon the great potential in tourism & culture including the potential for establishment of direct air connectivity between India & Mexico. ( 16 June 2022)**



**Ambassador Pankaj Sharma and Second Secretary Ms.Vallari Gaikwad held a meeting with the Vice President of the Hoskinson Group LLC, Mr. Gustavo Solórzano.**

**They discussed the opportunities for possible investments & technology transfer to the National Capital Region of Delhi, for producing clean energy from urban solid waste. (24 June 2022)**



# Business In Focus



## MICRO LABS LTD

"QUALITY IN REACH FOR ALL"

Pharmaceutical Company established by Mr. G.C. Surana in 1973 with Headquarters in Bangalore, India.

Ranked amongst Top 20 Pharmaceutical Companies in India.

14 Manufacturing Facilities Including API. Several facilities approved by Regulatory bodies Like USFDA, UKMHRA etc.

Dedicated R & D for formulation development.

Established offices in around 25 countries and distribution network in more than 50 countries.

Employment generation for more than 11000 People in India.

Active in many CSR activities including Patient Welfare, Educational Institutions and Charity Work.

## MICRO PHARMACEUTICALS MÉXICO

"YOUR VISION IS OUR MISSION"

Company established in 2005.

Micromex in Mexico City, is heading operations for Latin America, commercialising the products from Micro Labs throughout the region.

Consistent supplier to Government as well as Private Market.

In sync with the Mission of parent company, bringing Quality Generics in reach for ALL.

Launched Ophthalmic division with a clear vision to fill the gap of High Quality medicine at affordable Prices.

National Presence through Major Chain Pharmacies and Top distributors.

Active in many CSR as well as social activities to be a part of bigger good for the community.







**Celebrated the #worldbicycleday in México at Gandhiji's statue in Chapultepec park led by Ambassador Pankaj Sharma.**

**Hon'ble Deputy & President of Mexican Olympic Committee H.E. Ms. Mary Jose Alcalá flagged off the bicycling event.**

**05 June 2022**



## Diaspora In Focus- First IAM Sport's Day

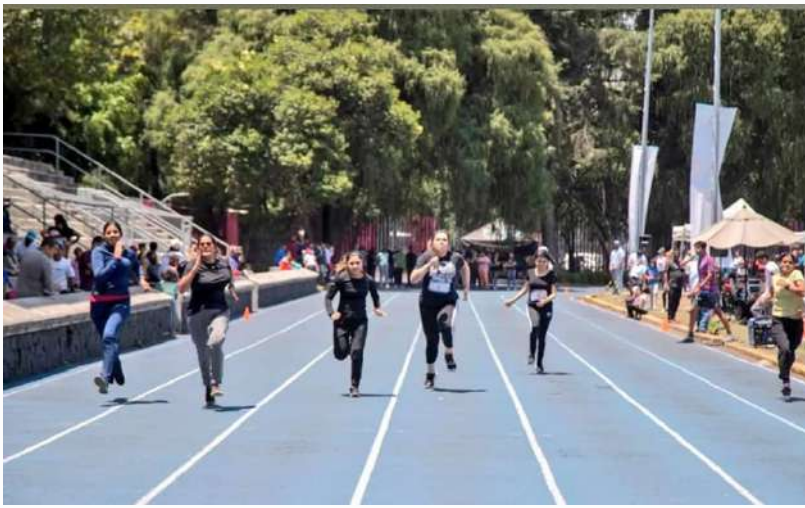
**Ambassador Pankaj Sharma inaugurated the First Sport's Day successfully organized by the Indian Association of México. The event saw participation from Indian diaspora, Embassy officers and Mexican friends. We extend heartiest congratulations to all participants & winners.**

**We thank Alcaldía Miguel Hidalgo led by H.E. Mr. Mauricio Tabe & Director of Plan Sexenal Mr. Omar for hosting the event.**

**06 June 2022**









# Celebrating Chhatrapati Shivaji Maharaj Coronation Day at the Embassy of India in Mexico.

The event included talks, cultural performances, photo exhibition followed by distribution of sweets. It was an event much appreciated by all.

07 June 2022







**MESSAGE**

It gives me great pleasure to join all our Passport Issuing Authorities in India and abroad on the occasion of the Passport Seva Divas 2022. The Ministry of External Affairs, along with the Central Passport Organization, has been marking this occasion and renewing our commitment to provide passport and passport-related services to citizens of India in a timely, reliable, accessible, transparent and efficient manner.

I am happy to note that passport services were rendered with the same vigor and enthusiasm even during the testing times of the Covid-19 pandemic, and the Ministry rose to the occasion to meet the increased demand for passport services built up due to two and half years of the pandemic, and dealt it swiftly with an impressive monthly average of 9.0 lakhs, with 4.50 lakhs additional applications granted in the last one month, thus setting a record.

As we commemorate the Passport Seva Divas on 24<sup>th</sup> June this year, we continue our commitment to deliver the next level of citizen experience. Looking back, I am glad that we have been very successful in simplification of the passport rules and procedures for the citizens. To further smoothen the passport delivery ecosystem, the Ministry is continuously working with States/UTs police to reduce the time taken for police verification; the mPassport Police App is now used in 22 States/ UTs covering 8275 Police Stations. The Passport Seva System has also been integrated with DigiLocker system to facilitate paperless documentation process. The Ministry in collaboration with Department of Posts operationalized 428 Post Office Passport Seva Kendras (POPSKs) to reach out to our citizens at their doorsteps. The Ministry has successfully integrated the passport issuance systems in 178 of our Embassies and Consulates abroad. This has enabled us to deliver passport related services to the Diaspora efficiently through a centralized and secure application.

Recognizing the need to continually improve the quality of passport services, the Passport Seva Programme (PSP) will be embarking on PSP V2.0, an improved and up-graded version of P SP V1.0, which would ensure a digital ecosystem among all stakeholders and offer enhanced passport services to citizens. It would ensure smooth governance end-to-end through standardized and liberalized processes, use of latest and emerging technologies like Artificial Intelligence, Chat-Bot, Use of Big-Data, Advance Analytics etc. The Ministry is also working to roll out ePassports for Indian citizens which would make easier international travel and enable protection against identity theft and greater data security.

In closing, I would like to emphasize on the word 'Seva' as contained in the 'Passport Seva Programme', which aptly summarizes what we are doing today and where we intend to go further tomorrow.

  
(Dr. S. Jaishankar)



# Diaspora Corner!

What's the Tea?

By: Anmol Motwani

Mexico City



In months, I have utterly taken a liking to Mexico City! But what could be the reason for that? Could it be my exciting new job, my new home or my newfound independence? Turns out it is the familiarity with the Mexican culture. Hailing from India, I never anticipated experiencing cultural similarities between them both, but I was pleasantly surprised. So, in this article, I will unveil the similarities I have noticed between the two cultures at a grassroots level.

**Food:** In both cultures, food plays an integral role during ceremonies and festivals. This can be witnessed in the weeks leading to El Día de Muertos when Pan de Muertos, a sweet bread, is typically baked to honour and nourish the ancestors. Similarly, according to Indian scriptures, Hindus across India observe the 15 days of Shradh to pay homage to their ancestors and prepare Rice Kheer (a custard made of milk, sugar, and rice) to nourish the departed souls. Moreover, the staple diet of Mexican people relies heavily on the dishes prepared with rice, corn, frijoles (red kidney beans), and tortillas, which are commonly found ingredients in the northern recipes of India called Rajma chawal (red kidney beans curry served with rice) and Makki di roti (an unleavened flatbread made of corn)

**Performing Arts:** Romance, drama, and intense twists are the defining traits of Mexican telenovelas and Indian TV soaps. Both TV shows portray the leading lady (the female protagonist) as a damsel in distress, waiting to be saved by a rich, charming man, therefore, sharing a close affinity. In addition, there is always a love triangle and a villain standing as an obstacle in the protagonist's path before attaining her happy ending. Lastly, the series encompasses dramatic background music and intense facial expressions to make the series more teeth-gritting for the audience.

**Collectivism:** In Mexican and Indian culture, collectivism takes precedence over individualism. In other words, both cultures make it less about autonomy and more about the group as a whole. As a result, every individual is part of a social group like relatives, peers, or neighbours and is expected to prioritise it.

**Religious Beliefs:** Both Indian and Mexican people have strong religious beliefs. Both cultures believe in the existence of the Trinity. According to the article called The Parallels of Two countries: The Indian and Mexican Connection, the Mayans believed that the three universes are composed of the Jaguar (material), The Serpent (mind) and the bird (spirit), which is similar to



to the Hindu philosophy of the existence of a universe led by the Trimurti (also called the Holy Trinity) of Brahma (the creator), Vishnu (the sustainer) and Shiva (the destroyer).

Language: Indian culture and Mexican culture are characterised by hierarchy. To exemplify, Mexican Spanish has a specific pronoun used to address the elderly or people in higher positions, similar to the Hindi pronoun aap, both translate to 'you' and have the connotation of respect.



**INSCRIPCIONES**  
**JULIO 2022**  
**Del 29 de junio al 8 de julio**

Pagos solamente mediante cheque o depósito bancario a la cuenta de

HSBC No. 4046836763

La ficha bancaria se intercambiará por el recibo y cardex del GTICC

**CLASES DE YOGA PRESENCIALES**  
**Todos los niveles**

**Iniciamos el 4 de julio**

**Clases de una hora**

- 6:50 Martes a viernes
- 08:30 Lunes a viernes
- 09:35 Lunes a viernes
- 15:00 Lunes y Viernes
- 16:00 Lunes a viernes
- 18:00 Martes a jueves
- 19:00 Martes a jueves

**Requisitos**

Realizar pago bancario

Llenar formulario de inscripción:

Llenar formulario de mensualidad:



Informes: 55 5203 06 19  
 55 5203 1117  
 library.mexico@mea.gov.in

**Inscripción \$100 Mensualidad \$300**

El pago deberá realizarse dentro del mismo periodo, así como el intercambio del voucher por el recibo del GTICC.

**CLASES DE KATHAK PRESENCIALES**  
 Para todos los niveles por profesora del GTICC de la India  
**Iniciamos el 25 de julio**

Anatole France N° 319, Col. Polanco.

**Clases de una hora**

- 09:00 Lunes a viernes
- 11:00 Lunes a viernes
- 16:00 Lunes a viernes
- 17:00 Lunes a viernes

**Requisitos**

Realizar pago bancario

Llenar formulario de inscripción:

Llenar formulario de mensualidad:



Informes: 55 5203 06 19  
 55 5203 1117  
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## APPENDIX- STATISTICS

### INDIA – MEXICO

#### ***I. Bilateral Trade Mexico-India in January 2022 (thousands of USD)***

	<i>Export</i>	<i>Import</i>	<i>Total</i>
<i>Mexico's trade with India</i>	63774	492764	556538
<i>Mexico's total global trade</i>	33899110	40185365	74084475

Source: INEGI

**Note: Posted below is the latest data from Mexico**

#### **MEXICO IMPORTS FROM INDIA BY COMMODITY (Jan – December 2021)**

<b>No.</b>	<b>HS Code</b>	<b>Description</b>	<b>Value USD (thousands USD)</b>
1	87	Vehicles other than railway or tramway rolling stock, and parts and accessories thereof	1,391,199
2	84	Machinery, mechanical appliances, nuclear reactors, boilers; parts thereof	653,513
3	76	Aluminium and articles thereof	551,883
4	29	Organic chemicals	520,260
5	85	Electrical machinery and equipment and parts thereof; sound recorders and reproducers, television image and sound recorders and reproducers, and parts and accessories of such articles	432,647



6	98	Commodities specified at chapter level	298,580
7	72	Iron and steel	191,586
8	30	Pharmaceutical products	184,249
9	39	Plastics and articles thereof	151,214
10	69	Ceramic products	148,761

Source: Trade Map, ITC

<b>MEXICAN EXPORTS TO INDIA BY COMMODITY (January - December 2021)</b>			
<b>No.</b>	<b>HS Code</b>	<b>Description</b>	<b>Value USD</b>
1	85	Electrical machinery and equipment and parts thereof; sound recorders and reproducers, television image and sound recorders and reproducers, and parts and accessories of such articles	186,443
2	71	Natural, cultured pearls; precious, semi-precious stones; precious metals, metals clad with precious metal, and articles thereof; imitation jewellery; coin	153,692
3	84	Machinery, mechanical appliances, nuclear reactors, boilers; parts thereof	102,805
4	29	Organic chemicals	49,331
5	72	Iron and steel	32,672
6	32	Tanning or dyeing extracts; tannins and their derivatives; dyes, pigments and other colouring matter; paints and varnishes; putty and other mastics; inks	29,002





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